

SURGICAL PROGRAM TIMELINE:

Pre-op	Discipline	Approximate Timeline	Activities
	1. Internist	1 st Visit	<ul style="list-style-type: none"> ▪ Medical Consult with H & P ▪ Nursing Prep ▪ Initial Panel, Order Urine Nicotine Test, sleep study, heart stress test, echo, or EGD as needed
	2. Behaviorist	2 nd Visit	<ul style="list-style-type: none"> ▪ Evaluation & Assessment
	3. Surgeon	3 rd Visit	<ul style="list-style-type: none"> ▪ Surgical Consult
	4. Pre-op Coordinators		<ul style="list-style-type: none"> ▪ Insurance Authorization ▪ Surgical Date Set ▪ Schedule Pre-op Labs and Tests
	5. PA	2 Weeks Prior to surgery	<ul style="list-style-type: none"> ▪ Pre-op Discussion ▪ Sign Consent Forms ▪ Update History and Physical
	6. Dietitian	2 Weeks Prior to surgery	<ul style="list-style-type: none"> ▪ Dietitian Consult ▪ Pre op Teaching (Group or Individual) ▪ Start Patient on Product
	7. Exercise	2 weeks Prior to surgery	<ul style="list-style-type: none"> ▪ Pre-op Teaching (Group or Individual)
	8. PA	1 Week Post Product/ 1 week prior to surgery	<ul style="list-style-type: none"> ▪ Product Check ▪ Prep and Pre-op Labs ▪ Update H & P
	* Visits Must Occur in the order written (if patient is a no-show see No Show Protocol)		
Surgery	Occurs at Spectrum Health- Blodgett Campus or Saint Mary's Health Care		
Post-op	Surgeon/PA	2 Weeks	<ul style="list-style-type: none"> ▪ Post op Check
	PA Dietitian Exercise Physiologist	6 Weeks	<ul style="list-style-type: none"> ▪ Post op Check ▪ 3 month lab slip given ▪ Dietary Consult ▪ Exercise Plan ▪ Six Week Letter to PCP
	PA Dietitian	3 Months	<ul style="list-style-type: none"> ▪ Post op Check ▪ 6 month lab slip given ▪ Transition to Solid Food
	PA Dietitian	6 Months	<ul style="list-style-type: none"> ▪ Post op Check ▪ 1 year lab slip given ▪ Final Dietary Consult
	PA Dietitian Behaviorist	12 Months	<ul style="list-style-type: none"> ▪ Post op Check ▪ 1 year lab slip given ▪ Dietary Consult ▪ Group Behavioral Visit
	PA	18 Months	<ul style="list-style-type: none"> ▪ Post op Check
	PA Dietitian	Yearly	<ul style="list-style-type: none"> ▪ Yearly Exam ▪ Lab Slip Given ▪ Dietary Consult

