

Surgical Program Timeline

	Discipline	Approximate Timeline	Activities
Pre-Op	1. Internist	1 st visit	<ul style="list-style-type: none"> • Medical consult with H & P • Nursing prep • Initial panel, order urine nicotine test, sleep study, heart stress test, Echocardiogram, or EGD as needed
	2. Behaviorist	2 nd visit	<ul style="list-style-type: none"> • Evaluation and assessment
	3. Surgeon	3 rd visit	<ul style="list-style-type: none"> • Surgical consult
	4. Pre-Op Coordinators		<ul style="list-style-type: none"> • Insurance authorization • Surgical date set • Schedule pre-op labs and tests
	5. Physician Assistant	2 weeks prior to surgery	<ul style="list-style-type: none"> • Pre-op discussion • Sign consent forms • Update H & P
	6. Dietitian	2 weeks prior to surgery	<ul style="list-style-type: none"> • Dietitian consult • Pre-op teaching (group or individual) • Start on product
	7. Exercise Physiologist	2 weeks prior to surgery	<ul style="list-style-type: none"> • Pre-op teaching (group or individual)
	8. Physician Assistant	1 week post product, 1 week prior to surgery	<ul style="list-style-type: none"> • Product check • Prep and pre-op labs • Update H & P
<i>*Visits must occur in the order written- if a patient is a no-show, see No-Show Protocol.</i>			
Surgery	Depending on your procedure and physician, your surgery can be performed at a number of different hospitals that GHP is licensed with.		
Post-Op	Surgeon/Physician Assistant	2 weeks post-surgery	<ul style="list-style-type: none"> • Post-op check
	Physician Assistant Dietitian Exercise Physiologist	6 weeks post-surgery	<ul style="list-style-type: none"> • Post-op check • 3-month lab slip given • Dietary consult • Exercise plan • 6-week letter to PCP
	Physician Assistant Dietitian	3 months post-surgery	<ul style="list-style-type: none"> • Post-op check • 6-month lab lip given • Transition to solid food
	Physician Assistant Dietitian	6 months post-surgery	<ul style="list-style-type: none"> • Post-op check • 1-year lab slip given • Dietary consult
	Physician Assistant Dietitian Behaviorist	12 months post-surgery	<ul style="list-style-type: none"> • Post-op check • 1-year lab slip given • Dietary consult • Group behavioral visit
	Physician Assistant	18 months post-surgery	<ul style="list-style-type: none"> • Post-op check
	Physician Assistant Dietitian	Yearly	<ul style="list-style-type: none"> • Yearly exam • Lab slip given • Dietary consult