



### What is an advance medical directive?

An advance medical directive is a document that lets you state your wishes about medical care in the event you are unable to speak for yourself. This document also lets you name someone to make health care decisions on your behalf any time you are unable to make your own medical decisions, not only at the end of life. It is the patient's responsibility to prepare the documents prior to their day of procedure.

You can learn more about advance medical directives by contacting Caring Connections at 1-800-658-8898 or visit their website at [www.caringinfo.org](http://www.caringinfo.org). They offer free, state specific advance directives to meet legal requirements.