



ENDOSCOPY CENTER

Grand Health Partners
2060 East Paris Avenue
Suite 100
Grand Rapids, MI 49546

EGD

Your Appointment

Name

Has an appointment with GHP Endoscopy Center for an EGD on:

(Day and Date)

Arrival Time: _____ am/pm Procedure Time: _____ am/pm

Attached are your Procedure Prep Instructions

**Please follow the instructions carefully
& call us if you have any questions at
616-956-6100 Option 2**

Preparing for your EGD Procedure

Welcome to the Grand Health Partners Endoscopy Center! Thank you for the opportunity to take part in your care and we wish to provide you with an excellent experience for your EGD. In order for us to perform a high quality exam, it is very important that follow this guide. Please read through all the instructions at least 5 days in advance of your scheduled procedure.

What is an Endoscopy?

An endoscopy is a way of looking inside of the body by inserting a flexible, thin tube, equipped with a camera. This helps our surgeons evaluate symptoms, look for possible ulcers, hiatal hernias, take biopsies, (for example, a biopsy for H Pylori, which is a stomach bacteria that causes ulcers) evaluate for reflux, revision procedures, and other endoscopic procedures. Expect to arrive 60 minutes before the endoscopy and to be here 30-60 minutes after the endoscopy for recovery.

EGD (Endoscopy) Instructions

- Nothing to eat or drink **6 hours prior** to the procedure
- Please arrive **60 minutes** prior to your procedure
- You **must** have a driver and they **need to stay with you** for the entire visit or the procedure cannot be performed. You **CANNOT** take a cab or Uber driver home.
- Arrange for a responsible adult to remain with you, at home, for 12 hours after your procedure
- If you are of child-bearing age, you will be asked to give a urine sample for a pregnancy test
- The procedure can take anywhere from 15-30 minutes to complete
- You may return to work the following day

Medications

- **DO NOT** take your morning medications on the day of your procedure with the exception of:
 - **beta blockers** for your blood pressure (for example; metoprolol, atenolol, bisoprolol, carvedilol, labetalol) – **take** your beta blocker as you usually would but with just a sip of water
- If you take the following medications: **Pradaxa, Xarelto, Eliquis** – **STOP** 2 days prior to your endoscopy
- If you take the following medications: **Coumadin, Brilinta, Effient, Plavix, Imbruvica** – **STOP** 5 days prior to your endoscopy

Questions?

If you have any questions about your EGD, these instructions, and/or medications you are taking prior to this procedure, please call us at 616-956-6100 Option #2 (Nurse Line), between 8:00am – 4:30pm, Monday through Friday.

If you need to cancel or reschedule your procedure, please call us 48 hours in advance of your scheduled test. If you do not contact us to cancel or reschedule, you may be charged a \$50 fee.