



ENDOSCOPY CENTER

Grand Health Partners
2060 East Paris Avenue
Suite 100
Grand Rapids, MI 49546

EGD

Your Appointment

Name

Has an appointment with GHP Endoscopy Center for an EGD on:

(Day and Date)

Arrival Time: _____ am/pm Procedure Time: _____ am/pm

Attached are your Procedure Prep Instructions

**Please follow the instructions carefully
& call us if you have any questions at
616-956-6100 Option 2**

Preparing for your EGD Procedure

Welcome to the Grand Health Partners Endoscopy Center! Thank you for choosing us to be part of your care. Our team is committed to providing you with excellent experience during your EGD. Please note that all pathology specimens are sent to Quest Diagnostics for analysis, and Quest Diagnostics will bill you directly for pathology services.

What is an Endoscopy?

An endoscopy allows your provider to examine the inside of your digestive tract using a thin, flexible tube with a camera. This procedure helps evaluate symptoms, identify conditions such as ulcers, hiatal hernias, or reflux, and allows for biopsies (such as testing for *Pylori*, a bacteria that can cause ulcers) and other necessary endoscopic interventions. Please plan to arrive 60 minutes before your procedure and expect to remain at the center 30-60 minutes afterward for recovery.

EGD (Endoscopy) Instructions

- Nothing to eat or drink **6 hours prior** to the procedure.
- ALL liquid diet 24 hours prior to your procedure.
- Please arrive **60 minutes** prior to your procedure.
- You **must** have a driver who can **stay with you** for the entire visit or the procedure. You **CANNOT** take a cab or Uber driver home.
- Arrange for a responsible adult to remain with you, at home, for 12 hours after your procedure.
- If you are of child-bearing age, you will be asked to give a urine sample for a pregnancy test.
- The procedure can take anywhere from 15 to 30 minutes to complete.
- You may return to work the following day.

Medications

- **STOP** any GLP-1 medications 1 week prior to your procedure. This includes **Ozempic, Zepbound, Wegovy, and Saxenda**.
- **Do NOT take your morning medications on the day of your procedure, except for the following:**
 - **Beta blockers** for blood pressure (such as metoprolol, atenolol, bisoprolol, carvedilol, or labetalol)- please take your beta blocker as prescribed with a small sip of water.
- If you take the following medications: **Pradaxa, Xarelto, Eliquis, Baby Aspirin** – **STOP 2 days** prior to your endoscopy
- If you take the following medications: **Coumadin, Brilinta, Effient, Plavix, Imbruvica** – **STOP 5 days** prior to your endoscopy

Questions?

If you have any questions, please call us at 616-956-6100 Option #2 (Nurse Line). If you need to cancel or reschedule your procedure, please call us 48 hours in advance of your scheduled test. If you do not contact us to cancel or reschedule, you may be charged a \$50 fee.